

CONFIDENTIALITY

Welcome to the PFLAG Nevada County support meeting. Everything said in this meeting is confidential and stays within the meeting. We ask that you not share others names, stories, or information with anyone outside of the meeting.

The purpose of these meetings is to offer support, comfort, and understanding to all who attend. This is a safe space for you to share your story or concerns when you are ready and feel comfortable in doing so.

We are a volunteer organization and want you to know that we are not professional therapists or counselors. Please respect the following points when you are in our support groups.

1. Keep your introduction stories short and not more than 2 minutes.
2. Please give at least your first name and your reason for attending.
3. Everyone will have time to share their story and issues when the group opens for general discussion.
4. Be respectful of other group members when they are sharing and don't interrupt anyone. Please no cross talk while people are sharing.
5. We do not engage in profanity or negative comments.
6. We must all leave our affiliations with political parties and religious groups outside of this meeting. This makes for a safe place for all to share their issues and stories. We want people of all beliefs and affiliations to know that they are welcome at our PFLAG support meeting.

And again, please always remember that confidentiality is a must for anything shared in our meetings.